



Zest



Direction: Place de Tassigny - Roquebrune-Cap-Martin / Azureva - Roquebrune-Cap-Martin / Saint-Joseph - Roquebrune-Cap-Martin / Pont de l'Union - Roquebrune-Cap-Martin

🕒 Départ le 20/06/2026 entre 6:24 et 19:15

### Grille horaire

|   |   |      |      |       |       |       |       |       |       |       |
|---|---|------|------|-------|-------|-------|-------|-------|-------|-------|
| ○ Place de Tassigny<br>Roquebrune-Cap-Martin  | - | 7:20 | 9:00 | 10:30 | 12:00 | 13:20 | 15:00 | 16:40 | 18:00 | 19:15 |
| ○ Le Lavoir<br>Roquebrune-Cap-Martin          | - | 7:21 | 9:01 | 10:31 | 12:01 | 13:21 | 15:01 | 16:41 | 18:01 | 19:16 |
| ○ Jamaïca<br>Roquebrune-Cap-Martin            | - | 7:22 | 9:02 | 10:32 | 12:02 | 13:22 | 15:02 | 16:42 | 18:02 | 19:17 |
| ○ Saft<br>Roquebrune-Cap-Martin               | - | 7:23 | 9:03 | 10:33 | 12:03 | 13:23 | 15:03 | 16:43 | 18:03 | 19:18 |
| ○ L'Olivette<br>Roquebrune-Cap-Martin         | - | 7:23 | 9:03 | 10:33 | 12:03 | 13:23 | 15:03 | 16:43 | 18:03 | 19:18 |
| ○ La Torraca<br>Roquebrune-Cap-Martin         | - | 7:24 | 9:04 | 10:34 | 12:04 | 13:24 | 15:04 | 16:44 | 18:04 | 19:19 |
| ○ Riva Bella<br>Roquebrune-Cap-Martin         | - | 7:25 | 9:05 | 10:35 | 12:05 | 13:25 | 15:05 | 16:45 | 18:05 | 19:20 |
| ○ 2ème Hameau<br>Roquebrune-Cap-Martin        | - | 7:26 | 9:06 | 10:36 | 12:06 | 13:26 | 15:06 | 16:46 | 18:06 | 19:21 |
| ○ 1er Hameau<br>Roquebrune-Cap-Martin         | - | 7:26 | 9:06 | 10:36 | 12:06 | 13:26 | 15:06 | 16:46 | 18:06 | 19:21 |
| ○ Bien Situé<br>Roquebrune-Cap-Martin         | - | 7:28 | 9:08 | 10:38 | 12:08 | 13:28 | 15:08 | 16:48 | 18:08 | 19:23 |
| ○ Carnolès Gare SNCF<br>Roquebrune-Cap-Martin | - | 7:29 | 9:09 | 10:39 | 12:09 | 13:29 | 15:09 | 16:49 | 18:09 | 19:24 |
| ○ Foch<br>Roquebrune-Cap-Martin               | - | 7:30 | 9:10 | 10:40 | 12:10 | 13:30 | 15:10 | 16:50 | 18:10 | 19:25 |
| ○ Carnolès Marché<br>Roquebrune-Cap-Martin    | - | 7:30 | 9:11 | 10:40 | 12:10 | 13:30 | 15:10 | 16:51 | 18:11 | 19:26 |
| ○ Pont de l'Union<br>Roquebrune-Cap-Martin    | - | 7:32 | 9:13 | 10:42 | 12:12 | 13:32 | 15:12 | 16:53 | 18:13 | 19:28 |

|  |      |      |      |       |       |       |       |       |       |   |
|--|------|------|------|-------|-------|-------|-------|-------|-------|---|
| ○ <b>Morillot</b><br>Menton                          | 6:24 | 7:33 | 9:14 | 10:43 | 12:13 | 13:33 | 15:13 | 16:54 | 18:14 | - |
| ○ <b>Maison Russe</b><br>Menton                      | 6:25 | 7:33 | 9:14 | 10:43 | 12:13 | 13:33 | 15:13 | 16:54 | 18:14 | - |
| ○ <b>Les Cèdres</b><br>Menton                        | 6:25 | 7:34 | 9:15 | 10:44 | 12:14 | 13:34 | 15:14 | 16:55 | 18:15 | - |
| ○ <b>Saint-Maurice</b><br>Menton                     | 6:26 | 7:35 | 9:16 | 10:45 | 12:15 | 13:35 | 15:15 | 16:56 | 18:16 | - |
| ○ <b>Eden Val</b><br>Menton                          | 6:27 | 7:35 | 9:16 | 10:45 | 12:15 | 13:35 | 15:15 | 16:56 | 18:16 | - |
| ○ <b>Fleur de Mai</b><br>Menton                      | 6:28 | 7:36 | 9:17 | 10:46 | 12:16 | 13:36 | 15:16 | 16:57 | 18:17 | - |
| ○ <b>Serre de la Madone</b><br>Menton                | 6:29 | 7:37 | 9:18 | 10:47 | 12:17 | 13:37 | 15:17 | 16:58 | 18:18 | - |
| ○ <b>Pegliion</b><br>Roquebrune-Cap-Martin           | 6:31 | 7:39 | 9:20 | 10:49 | 12:19 | 13:39 | 15:19 | 17:00 | 18:20 | - |
| ○ <b>Parc Emeraude</b><br>Roquebrune-Cap-Martin      | 6:32 | 7:40 | 9:21 | 10:50 | 12:20 | 13:40 | 15:20 | 17:01 | 18:21 | - |
| ○ <b>ALIZE</b><br>Roquebrune-Cap-Martin              | -    | 7:41 | 9:22 | 10:50 | 12:20 | 13:40 | 15:20 | 17:02 | 18:22 | - |
| ○ <b>Alizé</b><br>Roquebrune-Cap-Martin              | 6:32 | -    | -    | -     | -     | -     | -     | -     | -     | - |
| ○ <b>Eden Roc</b><br>Roquebrune-Cap-Martin           | 6:33 | 7:42 | 9:23 | 10:51 | 12:21 | 13:41 | 15:21 | 17:03 | 18:23 | - |
| ○ <b>Roccapina</b><br>Roquebrune-Cap-Martin          | 6:35 | 7:44 | 9:25 | 10:53 | 12:23 | 13:43 | 15:23 | 17:05 | 18:25 | - |
| ○ <b>Hôpital</b><br>Menton                           | 6:36 | 7:46 | 9:27 | 10:54 | 12:24 | 13:44 | 15:24 | 17:07 | 18:27 | - |
| ○ <b>Saint-Joseph</b><br>Roquebrune-Cap-Martin       | 6:37 | 7:47 | 9:28 | 10:55 | 12:25 | 13:45 | 15:25 | 17:08 | 18:28 | - |
| ○ <b>Foch</b><br>Roquebrune-Cap-Martin               | 6:38 | 7:47 | 9:28 | 10:56 | 12:26 | 13:46 | 15:26 | 17:08 | 18:28 | - |
| ○ <b>Stade Decazes</b><br>Roquebrune-Cap-Martin      | 6:39 | 7:48 | 9:29 | 10:57 | 12:27 | 13:47 | 15:27 | 17:09 | 18:29 | - |
| ○ <b>Chemin du Vallonet</b><br>Roquebrune-Cap-Martin | 6:40 | 7:49 | 9:30 | 10:58 | 12:28 | 13:48 | 15:28 | 17:10 | 18:30 | - |
| ○ <b>Azureva</b><br>Roquebrune-Cap-Martin            | 6:41 | 7:51 | 9:32 | 10:59 | 12:29 | 13:49 | 15:29 | 17:12 | 18:32 | - |



|  |      |      |      |       |       |       |       |       |       |   |
|--|------|------|------|-------|-------|-------|-------|-------|-------|---|
| ○ <b>Saint-Joseph</b><br>Roquebrune-Cap-Martin         | -    | -    | -    | -     | -     | -     | -     | -     | -     | - |
| ○ <b>Foch</b><br>Roquebrune-Cap-Martin                 | -    | -    | -    | -     | -     | -     | -     | -     | -     | - |
| ○ <b>Stade Decazes</b><br>Roquebrune-Cap-Martin        | -    | -    | -    | -     | -     | -     | -     | -     | -     | - |
| ○ <b>Chemin du Vallonet</b><br>Roquebrune-Cap-Martin   | -    | -    | -    | -     | -     | -     | -     | -     | -     | - |
| ○ <b>Chemin du Vallonet</b><br>Roquebrune-Cap-Martin   | -    | -    | -    | -     | -     | -     | -     | -     | -     | - |
| ○ <b>Azureva</b><br>Roquebrune-Cap-Martin              | -    | -    | -    | -     | -     | -     | -     | -     | -     | - |
| ○ <b>Carnolès Gare SNCF</b><br>Roquebrune-Cap-Martin   | 6:45 | 7:55 | 9:36 | 11:03 | 12:33 | 13:53 | 15:33 | 17:16 | 18:36 | - |
| ○ <b>Les Plages</b><br>Roquebrune-Cap-Martin           | 6:46 | 7:56 | 9:37 | 11:04 | 12:34 | 13:54 | 15:34 | 17:17 | 18:37 | - |
| ○ <b>Orchidées</b><br>Roquebrune-Cap-Martin            | 6:47 | 7:57 | 9:38 | 11:05 | 12:35 | 13:55 | 15:35 | 17:18 | 18:38 | - |
| ○ <b>Cypris</b><br>Roquebrune-Cap-Martin               | 6:48 | 7:58 | 9:39 | 11:06 | 12:36 | 13:56 | 15:36 | 17:19 | 18:39 | - |
| ○ <b>Le Cirta</b><br>Roquebrune-Cap-Martin             | 6:49 | 7:59 | 9:40 | 11:07 | 12:37 | 13:57 | 15:37 | 17:20 | 18:40 | - |
| ○ <b>Saint-Martin</b><br>Roquebrune-Cap-Martin         | 6:50 | 8:00 | 9:41 | 11:08 | 12:38 | 13:58 | 15:38 | 17:21 | 18:41 | - |
| ○ <b>Churchill</b><br>Roquebrune-Cap-Martin            | 6:50 | 8:00 | 9:41 | 11:08 | 12:38 | 13:58 | 15:38 | 17:21 | 18:41 | - |
| ○ <b>Mairie de Roquebrune</b><br>Roquebrune-Cap-Martin | 6:51 | 8:01 | 9:42 | 11:09 | 12:39 | 13:59 | 15:39 | 17:22 | 18:42 | - |
| ○ <b>Le Cottage</b><br>Roquebrune-Cap-Martin           | 6:52 | 8:02 | 9:43 | 11:10 | 12:40 | 14:00 | 15:40 | 17:23 | 18:43 | - |
| ○ <b>Val de Vesqui</b><br>Roquebrune-Cap-Martin        | 6:52 | 8:02 | 9:43 | 11:10 | 12:40 | 14:00 | 15:40 | 17:23 | 18:43 | - |
| ○ <b>2ème Hameau</b><br>Roquebrune-Cap-Martin          | 6:53 | 8:03 | 9:44 | 11:11 | 12:41 | 14:01 | 15:41 | 17:24 | 18:44 | - |
| ○ <b>Riva Bella</b><br>Roquebrune-Cap-Martin           | 6:53 | 8:03 | 9:44 | 11:11 | 12:41 | 14:01 | 15:41 | 17:24 | 18:44 | - |
| ○ <b>La Torraca</b><br>Roquebrune-Cap-Martin           | 6:54 | 8:04 | 9:45 | 11:12 | 12:42 | 14:02 | 15:42 | 17:25 | 18:45 | - |

|   |  |      |      |       |       |       |       |       |       |       |   |
|---|--|------|------|-------|-------|-------|-------|-------|-------|-------|---|
| ○ | <b>Massolin</b><br>Roquebrune-Cap-Martin           | 6:55 | 8:05 | 9:46  | 11:13 | 12:43 | 14:03 | 15:43 | 17:26 | 18:46 | - |
| ○ | <b>1er escalier</b><br>Roquebrune-Cap-Martin       | 6:55 | 8:06 | 9:46  | 11:13 | 12:43 | 14:03 | 15:43 | 17:27 | 18:46 | - |
| ○ | <b>2ème escalier</b><br>Roquebrune-Cap-Martin      | 6:56 | 8:07 | 9:47  | 11:14 | 12:44 | 14:04 | 15:44 | 17:28 | 18:47 | - |
| ○ | <b>Ramengao</b><br>Roquebrune-Cap-Martin           | 6:57 | 8:08 | 9:48  | 11:15 | 12:45 | 14:05 | 15:45 | 17:29 | 18:48 | - |
| ○ | <b>Les 4 chemins</b><br>Roquebrune-Cap-Martin      | 6:58 | 8:09 | 9:49  | 11:16 | 12:46 | 14:06 | 15:46 | 17:30 | 18:49 | - |
| ○ | <b>La Boucherie</b><br>Roquebrune-Cap-Martin       | 6:59 | 8:11 | 9:50  | 11:17 | 12:47 | 14:07 | 15:47 | 17:32 | 18:50 | - |
| ○ | <b>La Tranchée</b><br>Roquebrune-Cap-Martin        | 7:00 | 8:12 | 9:51  | 11:18 | 12:48 | 14:08 | 15:48 | 17:33 | 18:51 | - |
| ○ | <b>Saint Roman</b><br>Roquebrune-Cap-Martin        | 7:02 | 8:14 | 9:53  | 11:20 | 12:50 | 14:10 | 15:50 | 17:35 | 18:53 | - |
| ○ | <b>Varavila</b><br>MONACO                          | 7:03 | 8:15 | 9:54  | 11:21 | 12:51 | 14:11 | 15:51 | 17:36 | 18:54 | - |
| ○ | <b>Chemin des Grottes</b><br>Roquebrune-Cap-Martin | 7:04 | 8:16 | 9:55  | 11:22 | 12:52 | 14:12 | 15:52 | 17:37 | 18:55 | - |
| ○ | <b>Apollon</b><br>Roquebrune-Cap-Martin            | 7:05 | 8:17 | 9:56  | 11:23 | 12:53 | 14:13 | 15:53 | 17:38 | 18:56 | - |
| ○ | <b>ND de Bon Voyage</b><br>Roquebrune-Cap-Martin   | 7:06 | 8:18 | 9:57  | 11:24 | 12:54 | 14:14 | 15:54 | 17:39 | 18:57 | - |
| ○ | <b>Fighiéra</b><br>Roquebrune-Cap-Martin           | 7:07 | 8:19 | 9:58  | 11:25 | 12:55 | 14:15 | 15:55 | 17:40 | 18:58 | - |
| ○ | <b>La Tour</b><br>Roquebrune-Cap-Martin            | 7:08 | 8:20 | 9:59  | 11:26 | 12:56 | 14:16 | 15:56 | 17:41 | 18:59 | - |
| ○ | <b>Barrouat</b><br>Roquebrune-Cap-Martin           | 7:09 | 8:21 | 10:00 | 11:27 | 12:57 | 14:17 | 15:57 | 17:42 | 19:00 | - |
| ○ | <b>Mingao</b><br>Roquebrune-Cap-Martin             | 7:10 | 8:22 | 10:01 | 11:28 | 12:58 | 14:18 | 15:58 | 17:43 | 19:01 | - |
| ○ | <b>Le Lavoir</b><br>Roquebrune-Cap-Martin          | 7:12 | 8:25 | 10:03 | 11:30 | 13:00 | 14:20 | 16:00 | 17:46 | 19:03 | - |
| ○ | <b>Les Genêts</b><br>Roquebrune-Cap-Martin         | 7:13 | 8:26 | 10:04 | 11:31 | 13:01 | 14:21 | 16:01 | 17:47 | 19:04 | - |
| ○ | <b>Marjolaine</b><br>Roquebrune-Cap-Martin         | 7:13 | 8:26 | 10:04 | 11:31 | 13:01 | 14:21 | 16:01 | 17:47 | 19:04 | - |



**Place de Tassigny**  
Roquebrune-Cap-Martin

7:14

8:27

10:05

11:32

13:02

14:22

16:02

17:48

19:05

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